Habilitation Services
Program Purpose

To provide Home and Community Based Services (HCBS) to individuals with chronic mental illness

Largely replaces the Adult Rehabilitation Option (ARO) program
General Parameters

• The program functions similar to waiver programs:
  – A case manager or IHH does an assessment to determine each individual’s needs
  – An interdisciplinary team or treatment team plans for the services
  – The team develops the treatment plan or service plan
  – Magellan approves eligibility and assures proper utilization
Funding Source(s)

• Medicaid:
  ~58.35% Federal Medical Assistance Percentage (FMAP) for SFY 14
  ~41.65% Nonfederal – paid by Medicaid (state share)
Medicaid Eligibility

• Must be eligible for Medicaid through an existing coverage group
• Household income cannot exceed 150% of Federal Poverty Level (FPL) Magellan may be able to reimburse needed services under their 1915b waiver for this population
• Met needs-based eligibility criteria as determined by a Needs-Based Evaluation
Medicaid Eligibility

Habilitation FPL cannot exceed 150% of FPL.

- Medicaid for Employed People with Disabilities (MEPD) FPL is 250%, the HCBS Waiver FPL is 300%

The Income Maintenance Worker utilizes the MEPD Income Worksheet to calculate income eligibility for SSI related coverage groups:

Medicaid Eligibility

• Meets 1 of 2 risk factors:
  – Has undergone or is currently undergoing psychiatric treatment more intensive than outpatient care, more than once in a lifetime (e.g., emergency services, alternative home care, partial hospitalization or inpatient hospitalization).
  – Has a history of psychiatric illness resulting in at least one episode of continuous, professional supportive care other than hospitalization. (e.g., residential placement)
Medicaid Eligibility

• Meets at least 2 of 5 criteria showing a need for assistance for at least two years:
  – Is unemployed, or employed in a sheltered setting, or have markedly limited skills and a poor work history.
  – Requires financial assistance for out-of-hospital maintenance and may be unable to procure this assistance without help.
  – Shows severe inability to establish or maintain a personal social support system.
  – Requires help in basic living skills such as self-care, money management, housekeeping, cooking, or medication management.
  – Exhibits inappropriate social behavior that results in demand for intervention.
Services & Supports

• Services designed to assist in acquiring, retaining and improving the self-help, socialization and adaptive skills necessary to reside successfully in home and community-based settings.

• Case Management

• Habilitation
  – Day Habilitation
  – Home-Based Habilitation
  – Prevocational Habilitation
  – Supported Employment Habilitation
Services & Supports

Case Management

• When the individual is not enrolled in an integrated health home and the individual does not qualify for targeted case management (TCM) (Magellan or IME funded).

• Same functions as Targeted Case Management

• Assists members in gaining access to needed services regardless of the funding source

• When a member is also accessing HCBS Waiver services, Case Management is received through Habilitation when the member does not qualify for TCM.
Targeted Case Management
• Assessment
• Service Plan development
• Service authorization request
• Service coordination
• Service monitoring
NEW WORLD

IHH
• Provides Coordination & Communication
• Care Coordination Plan
• Treatment Plan Integration

Treatment Plan Medical

Treatment Plan HAB

Member Family

Treatment Plan Clinical MH

Social Services Housing
<table>
<thead>
<tr>
<th>Program</th>
<th>Member Status</th>
<th>Case Management Provided By</th>
<th>Service Authorization</th>
<th>Billing submitted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Habilitation</td>
<td>Medically Needy</td>
<td>CM as a Habilitation Service funded through state plan Medicaid when the member does not qualify for Targeted Case Management</td>
<td>Iowa Medicaid Enterprise (IME) Medical Services Unit</td>
<td>IME</td>
</tr>
<tr>
<td></td>
<td>Iowa Plan eligible</td>
<td>When the member does not qualify for Targeted Case Management, CM as a Habilitation service funded through the Iowa Plan until the member is attributed and enrolled in an Integrated Health Home (IHH)</td>
<td>Magellan of Iowa</td>
<td>Magellan of Iowa</td>
</tr>
<tr>
<td>Habilitation and HCBS</td>
<td>Iowa Plan eligible</td>
<td>When the member does not qualify for Targeted Case Management, CM as a Habilitation service funded through the Iowa Plan</td>
<td>Habilitation services - Magellan of Iowa Waiver services – IME</td>
<td>Magellan of Iowa Waiver services – IME</td>
</tr>
<tr>
<td>Program</td>
<td>Member Status</td>
<td>Case Management Provided By</td>
<td>Service Authorization</td>
<td>Billing submitted to</td>
</tr>
<tr>
<td>--------------------------------------------------</td>
<td>------------------------</td>
<td>------------------------------------------------------------------------</td>
<td>---------------------------------------------------------------------------------------</td>
<td>-----------------------------</td>
</tr>
<tr>
<td>Habilitation and HCBS Intellectual Disability Waiver</td>
<td>Iowa Plan eligible</td>
<td>Targeted Case Management as a state plan service</td>
<td>Habilitation services - Magellan of Iowa Waiver services – IME</td>
<td>Magellan of Iowa Waiver services – IME</td>
</tr>
<tr>
<td>Habilitation and HCBS AIDS/HIV, Health and Disability or Physical Disability Waivers</td>
<td>Iowa Plan eligible</td>
<td>CM as a Habilitation service funded through the Iowa Plan</td>
<td>Habilitation services - Magellan of Iowa Waiver services – IME</td>
<td>Magellan of Iowa Waiver services – IME</td>
</tr>
<tr>
<td>HCBS AIDS/HIV, Health and Disability or Physical Disability Waivers</td>
<td>Not Iowa Plan eligible</td>
<td>Service Coordination provided by a Service Worker</td>
<td>Waiver services – IME</td>
<td>Waiver services – IME</td>
</tr>
<tr>
<td>Program</td>
<td>Member Status</td>
<td>Case Management Provided By</td>
<td>Service Authorization</td>
<td>Billing submitted to</td>
</tr>
<tr>
<td>-------------------------------------------</td>
<td>----------------------</td>
<td>------------------------------------------------------------------------</td>
<td>--------------------------------------------</td>
<td>----------------------</td>
</tr>
<tr>
<td>Children’s Mental Health Waiver</td>
<td>Medically Needy</td>
<td>Targeted Case Management as a state plan service</td>
<td>Iowa Medicaid Enterprise (IME) Medical Services Unit (MSU)</td>
<td>IME</td>
</tr>
<tr>
<td></td>
<td>Iowa Plan eligible</td>
<td>TCM service funded through the Iowa Plan until the member is attributed and enrolled in an Integrated Health Home (IHH) * See IHH transition white paper</td>
<td>CMHW Services – IME TCM - Magellan</td>
<td>Waiver services – IME</td>
</tr>
</tbody>
</table>
Integrated Health Home

- Identifies needs through initial assessment
- Develops a Care Coordination Plan based on gaps in care and needs
- Integrates treatment plans among providers and member
- Responsible for monitoring of treatment plan implementation and services
Services & Supports

Home-Based Habilitation

• Services provided in the person’s home and community.

• Assists the member to reside in the most integrated setting appropriate to the member’s needs.

• Provide for the daily living needs of the member

• Typical examples would be assistance with medication management, budgeting, grocery shopping, personal hygiene skills, etc
Services & Supports

Day Habilitation

• Provided in a community based day program setting outside the home.

• Assistance with acquisition, retention, or improvement in self-help, socialization, and adaptive skills to attain or maintain the member’s maximum functional level.

• Focuses on areas such as social skills, communication skills, behavior management, functional skill development, daily living activities, self advocacy skills, etc.
Services & Supports

Prevocational Habilitation

- Can be provided in a variety of community based settings
- Prepares a person for paid employment
- Training is aimed at a generalized result that can be used in any employment setting
- Typical examples include work place attendance, work place safety skills, communication, problem solving, following directions, and staying on task.
Services & Supports

Supported Employment

• Assists in obtaining and keeping a job in the community.

• Assists in placing the individual in a job in a regular work setting with persons without disabilities at minimum wage or higher, and provides support to maintain the job.

• Typical examples would include: job skills assessments, consultation with the employer, job coaching, and on the work place related behavior management.
Services & Supports

**SE: Activities to Obtain a Job:**

- Initial assessment to develop interventions that affect the member’s work.
- Job development.
- On-site vocational assessment before employment.
- Disability–related support for vocational training or paid internships.
- Assistance in learning the skills necessary for job retention, including skills to arrange and use transportation, and for job exploration.
Services & Supports

SE: Supports to Maintain Employment:

• Individual work–related behavioral management.
• Job coaching.
• On–the–job or work–related crisis intervention.
• Assistance in using skills related to sustaining employment, including communication skills, problem solving, and safety.
• Assistance with time management.
• Assistance with appropriate grooming.
• On–site vocational assessment after employment.
• Employer consultation.
Assessment Requirements

Description and history of presenting problem(s) – Why Now?  What is the reason for requesting services now?

Mental status examination
Risk assessment
Review of all symptoms
Allergies/medications/treatments proved unsuccessful
Review of daily activities – skills/supports needed/assess baseline functioning/impairments
Substance use history/treatments
History of medical/mental health/substance treatments, including family history
Education/learning summary/Employment Status: Employment Skills:
  Employment supports needed to work : Enrollment with IVRS
Assessment Requirements

Lifestyle risk factors
- home, social groups, habits

Strengths/family/natural supports

Member preferences in treatment – cultural/recovery-based/evidenced-based/other
- what has worked well or not well from the member perspective?
- assessment at past member acceptance of treatment recommendations
- review of any rights restrictions and choice of providers

List of current providers
List of all medications/prescribers
Assessment Requirements

Nutrition/exercise/preventative care summary
  - BMI
  - exercise routine
  - gaps in preventative care
List of all diagnoses/conditions
Summary of problems to be worked on/strengths
  - care coordination gaps
  - symptoms to improve
  - skills/supports needed
  - strengths to build on for improvement
Assessment Requirements

Identification of Interdisciplinary team members consulted for assessment completion (including member),
Rights restrictions/ Plan to restore rights
Legal Status Legal decision maker- Payee, Power of Attorney etc.
Monthly Income/ Source: (SSI, SSDI, VA, Railroad etc.)
Court Involvement
Emergency Contacts
Other publicly funded (i.e. County, Veterans, SNAP, Child Care Assistance, HUD, etc.) services being accessed
Veteran and Marital status
IAC Changes

- Adds “treatment plan” to be more integrated with provider goals and action steps
- IHH “rolls up” treatment plans from other members of the treatment team
IAC Changes

- IHH can use defined assessment categories and Habilitation requirements
- IHH can use recent assessment information from professionals already seeing the member
IAC Changes

- comprehensive transitional care from inpatient to another setting
- member and family support
- referral to community and social support services
IAC Changes

• Adds health home “covered” services to chapter 78
  - comprehensive care management
  - care coordination
  - health promotion
Information

Informational Letters can be found at:
http://www.ime.state.ia.us/Providers/Bulletins.html

Webinars

• Medicaid Changes Related to Mental Health and Disability System Redesign
• Service Plan Authorization and Rate Changes
  http://www.ime.state.ia.us/HCBS/help_ownhome.html
• www.magellanofiowa.com
Program Contacts

Habilitation Services website:
  – http://www.ime.state.ia.us/HCBS/HabilitationServices/Info.html

Provider Manual:

Program Manager:
  LeAnn Moskowitz
  Dept. Of Human Services
  Iowa Medicaid Enterprise, Bureau of Long Term Care
  (515) 256-4653
  lmoskow@dhs.state.ia.us
Magellan Contacts

• Webinars available at www.magellanoofiowa.com
• Steve Johnson, Clinical Director at 515-273-5010