Magellan Health Services
Request for Proposal
Psychiatric Residential Treatment Facility

Magellan Health Services is seeking a provider interested in developing and operating a Psychiatric Residential Treatment Facility (PRTF). Interested applicants are invited to respond to this Request for Proposal for the development of a PRTF. Interested parties should submit a proposal by May 3, 2013.

The target date for implementation is July 1, 2013. Interested parties may respond to this Request for Proposal using the attached instructions.

Brief Overview of Psychiatric Residential Treatment Facility

Psychiatric Residential Treatment Facilities are required to ensure that all medical, psychological, social, behavioral and developmental aspects of the recipient's situation are assessed and that treatment for those needs are reflected in the POC per 42 CFR 441.155. In addition, the PRTF must ensure that the resident receives all treatment needed for those identified needs. In addition to services provided by and in the facility, when they can be reasonably anticipated on the active treatment plan, the PRTF must ensure that the resident receives all treatment identified on the active treatment plan and any other medically necessary care required for all medical, psychological, social, behavioral and developmental aspects of the recipient's situation. Services must meet active treatment requirements, which mean implementation of a professionally developed and supervised individual POC that is developed and implemented no later than 72 hours after admission and designed to achieve the recipient's discharge from inpatient status at the earliest possible time. “Individual POC” means a written plan developed for each recipient to improve his condition to the extent that inpatient care is no longer necessary.

The facility treatment team develops and reviews the individual POC. The individual POC must be developed by an interdisciplinary team of physicians and other personnel who are employed by, or provide services to, patients in the facility. The individual POC must be based on education and experience, preferably including competence in child psychiatry. The team must be capable of:

- Assessing the recipient's immediate and long-range therapeutic needs, developmental priorities and personal strengths and liabilities in accord with the POC development requirements above.
- Assessing the potential resources of the recipient's family.
- Setting treatment objectives in accord with the requirements above.
- Prescribing therapeutic modalities to achieve the plan's objectives.
Because the PRTF is not in itself a specific research-based model, it must instead incorporate research based models developed for a broader array of settings that respond to the specific presenting problems of the clients served. Each PRTF program should incorporate appropriate research-based programming for both treatment planning and service delivery.

For milieu management, all programs should also incorporate some form of research-based, trauma-informed programming and training, if the primary research-based treatment model used by the program does not (e.g., LAMod). Annually, facilities must submit documentation demonstrating compliance with at least two EBP fidelity monitoring or ASAM criteria. The State must approve the auditing body providing the EBP/ASAM fidelity monitoring. PRTF may specialize and provide care for sex offenders, substance abuse or individuals with co-occurring disorders. If a program provides care to any of these categories of youth, the program must submit documentation regarding the appropriateness of the research-based, trauma-informed programming and training, as well as compliance with the ASAM level of care being provided.

In addition, programs may propose other models, citing the research base that supports use of that model with the target population (e.g., gender-specific approaches). They may also work with the purveyors of research-based models to develop more tailored approaches, incorporating other models.

The specific research-based models to be used should be incorporated into the program description and submitted to the State for approval by the SMO, subject to OBH review. All research-based programming in PRTF settings must be approved by the State.

Staffing for the facility must be consistent with State licensure regulations on an FTE basis. For example, if State licensure requires a staff to client ratio of 1:25 and the facility has 16 child residents, then the facility must have at least .64 FTE for the 16 children. If the facility has eight beds, then the facility must have at least .32 FTE for the eight children. More information about the program evidence can be found at http://new.dhh.louisiana.gov/index.cfm/directory/detail/6935.

**Eligible Agencies**

The following are requirements for PRTF providers:

1. Apply and obtain licensure
2. Apply and receive accreditation
3. Apply for credentialing and contracting with Magellan to receive referrals and reimbursement for Medicaid members

Providers should understand that after they obtain licensure from DHH, the next step is to become accredited. Depending on the accrediting body you chose, you will need to show proof of operating as a PRTF. Providers must have accreditation before they can receive Medicaid funding.
Per federal regulations at 42 CFR 441.156 and state regulations at LAC 48:1. Chapter 90.9083.C. the agencies team must include, as a minimum, either:

- A board-eligible or board-certified psychiatrist.
- A clinical psychologist who has a doctoral degree and a physician licensed to practice medicine or osteopathy.
- A physician licensed to practice medicine or osteopathy, with specialized training and experience in the diagnosis and treatment of mental illness, and a psychologist who has a master’s degree in clinical psychology or who has been certified by the State or by the State psychological association. *Note: Louisiana does not consider individuals with a master’s degree in clinical psychology to practice and be considered “psychologists”. Facilities wishing to utilize this option under federal and state regulations must ensure that State psychology scope of practice is followed. In this case it would mean that the psychologist must be a licensed or medical psychologist.*
- The team must also include one of the following:
  - A psychiatric social worker.
  - A RN with specialized training or one year's experience in treating mentally ill individuals.
  - An occupational therapist who is licensed, if required by the State, and who has specialized training or one year of experience in treating mentally ill individuals.
  - A psychologist who has a master's degree in clinical psychology or who has been certified by the State or by the State psychological association.

In all cases, it is preferred that team members also have experience treating children and adolescents. The facility must provide treatment meeting State regulations per LAC 48:1. Chapter 90.

The PRTF must be physician directed and meet the requirements of 42 CFR 441.151, including requirements referenced therein to 42 CFR 483 subpart G. The psychiatric facility must be accredited by:

- The Joint Commission on the Accreditation of Health Care Organizations
- The Council on Accreditation for Children and Family Services
- The Commission on Accreditation of Rehabilitation Facilities

For inpatient levels of care, a staffing ratio of 1:4 during awake hours (day and evening shifts) is typical, with an emphasis on nursing staff. The Joint Commission does not specify a ratio for adolescent residential treatment. Research and clinical experience regarding therapeutically effective residential care established the 1:4 ratio for mental health workers, as a minimum, in addition to a 1:6 requirement for mental health professionals.
Additional licensing information may be found at http://new.dhh.louisiana.gov/index.cfm/page/538.

**Site Location**

Locations will be evaluated upon review of proposals.

**Funding**

All approved services must be billed to Magellan Health Services via electronic claim submission. Claims will be adjudicated based on the rules and regulations of Medicaid. “Clean claims”, that is claims with corresponding referrals, authorizations and proper billing codes will be paid within 30 days of receipt.

Grants to fund start up operations may be available based on the strength of proposal submitted and demonstrated financial need and operational viability.

**Submission Instructions**: All PRTF letters of interest should include the information outlined below.

Proposal to include:

**Brief Program Description Narrative** (please be as concise as possible)

Describe how you would incorporate research based models developed for a broader array of settings that respond to the specific presenting problems of the clients served. Each PRTF program should incorporate appropriate research-based programming for both treatment planning and service delivery.

Additionally, include your plan for milieu management as all programs should also incorporate some form of research-based, trauma-informed programming and training, if the primary research-based treatment model used by the program does not.

Please include other models you may propose, if applicable, citing the research base that supports use of that model with the target population and an implementation schedule.
Submit the Request for Proposal to:

**Magellan Health Services**  
10000 Perkins Rowe Ste. 500  
Baton Rouge, LA 70810

Attention: Evon Roquemore, Area Contract Manager

Intent’s to Bid must be received by May 3, 2013

Magellan Behavioral Health, Inc.; Magellan Behavioral Health Systems, LLC; Merit Behavioral Care; and their respective affiliates and subsidiaries are affiliates of Magellan Health Services, Inc. (collectively “Magellan”).